

GCASA CHAMPIONSHIPS 2026 – CONSIDERATION TIMES

MALE/OPEN							
	10/11	12	13	14	15	16	17+
50m Free	00:42.00	00:38.00	00:33.00	00:32.00	00:29.00	00:28.00	00:26.00
100m Free	01:40.00	01:28.50	01:16.00	01:10.50	01:08.00	1:04.00	00:58.50
200m Free	03:15.00	03:10.00	02:50.00	02:32.00	02:25.00	2:15.00	02:11.00
400m Free	06:55.00	06:19.00	05:50.00	05:20.00	05:00.00	04:47.00	04:33.00
800m Free		13:15.00	12:00.00	11:15.00	10:15.00	09:45.00	09:20.00
1500m Free		25:45.00	23:20.00	20:15.00	19:00.00	18:20.00	18:10.00
50m Breast	00:55.50	00:53.50	00:46.50	00:43.00	00:41.50	00:38.00	00:35.00
100m Breast	02:03.50	01:54.00	01:44.00	01:35.00	01:29.00	01:23.00	01:18.00
200m Breast	04:07.00	03:57.00	03:38.00	03:23.00	03:15.50	03:04.00	02:53.50
50m Fly	00:53.50	00:49.00	00:43.50	00:37.50	00:34.00	00:31.50	00:30.50
100m Fly	02:05.00	01:55.00	01:45.00	01:33.00	01:26.00	01:14.00	01:07.00
200m Fly	04:00.00	03:55.00	03:40.00	03:20.00	02:55.00	02:50.00	02:40.00
50m Back	00:48.00	00:44.50	00:41.50	00:37.00	00:36.50	00:33.00	00:32.00
100m Back	01:49.50	01:39.50	01:30.00	01:22.00	01:18.00	01:14.00	01:09.00
200m Back	03:35.00	03:30.00	03:15.00	02:52.00	02:47.00	02:35.00	02:26.00
100m IM							
200m IM	03:45.00	03:25.00	03:10.00	02:54.00	02:44.50	02:37.00	02:30.00
400m IM		07:15.00	06:45.00	06:30.00	05:52.00	05:40.00	05:20.00

Note 1: Swimmer age groups are age on 31/12/26.

Note 2: All times are Short Course - conversions LC to SC will be accepted. Please ensure submitted entry files contain SC entry times only.

Note 3: Entry times must have been achieved between 01/01/25 & 14/12/25 inclusive.

Note 4: Entry times must be on SE Rankings from meets licenced at Levels 1 to 4.

Note 5: Where Event target numbers are exceeded with swimmers with consideration times, then entries into that event will be rejected, slowest first.

Target Numbers

50 & 100m Events (18 Heats Total)	10/11, 12, 13, 14, 15 & 16 year olds – Target Number - 23 per age group 17+ year olds – Target Number – 35
200m events (12 Heats Total)	10/11, 12, 13, 14, 15 & 16 year olds Target Number – 15 per age group 17+ year olds – Target Number - 25
400m Events (9 Heats Total)	10/11 Target Number – 8 12/13/14/15/16 Target Number – 12 per age group 17+ Target Number - 17
800m Events (6 Heats Total)	12/13/14/15/16 Target Number - 8 per age group 17+ Target Number – 10
1500m Events (3 Heats Total)	12/13/14/15/16/17+ Target Number - 5 per age group

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FEMALE							
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50m Free	00:41.00	00:36.50	00:34.50	00:32.50	00:31.00	00:30.50	00:30.00
100m Free	01:29.00	01:22.50	01:16.50	01:12.50	01:09.00	01:07.00	01:05.00
200m Free	03:09.00	02:56.00	02:45.00	02:32.00	02:29.00	02:23.00	02:17.50
400m Free	06:45.00	06:15.00	05:48.00	05:34.00	05:06.00	05:00.00	04:52.00
800m Free		13:30.00	12:00.00	11:20.00	10:30.00	10:25.00	10:18.00
1500m Free		24:30.00	23:35.00	20:45.00	20:05.00	19:50.00	19:25.00
50m Breast	00:53.50	00:49.00	00:46.00	00:43.00	00:41.00	00:40.00	00:38.50
100m Breast	01:56.00	01:48.00	01:43.00	01:34.50	01:30.50	01:27.00	01:24.50
200m Breast	04:05.00	03:48.00	03:30.00	03:19.00	03:09.00	03:07.50	03:05.50
50m Fly	00:48.00	00:43.00	00:40.00	00:37.00	00:34.50	00:33.50	00:32.50
100m Fly	02:00.00	01:50.00	01:37.50	01:28.00	01:24.00	01:19.00	01:15.50
200m Fly	04:15.00	03:50.00	03:30.00	03:15.00	3:00.00	02:57.00	02:55.00
50m Back	00:45.00	00:42.50	00:39.50	00:38.00	00:37.00	00:36.00	00:34.00
100m Back	01:45.00	01:33.50	01:27.00	01:24.00	01:20.50	01:17.00	01:13.00
200m Back	03:28.00	03:16.00	03:06.00	02:55.00	02:47.50	02:43.00	02:38.00
100m IM							
200m IM	03:45.00	03:19.00	03:05.00	02:54.00	02:44.50	2:42.00	02:39.00
400m IM		07:15.00	06:45.00	06:15.00	05:50.00	05:47.00	05:40.00

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