Forest of Dean SC

Training Alterations

Please note the following changes to our regular timetable;

Sunday 1st December (Soundwell L3 Open Meet)

Masters - 8:30-9:30 @Cinderford

Competition 1 & 2, Performance 1 & 2 – 9:30-10:30 @Cinderford

Christmas Shutdown Period (December 20th to 2nd January)

- Friday 20th All Train
 - All Training 1 18:00-18:45 @Cinderford
 - All Training 2 18:00-19:00 @Cinderford
 - Competition 1 18:00-19:00 @Cinderford
 - Competition 2, Performance 1 & 2 19:00-20:30 @Cinderford
 - All Masters 20:30-21:30 @Cinderford
 - All other training cancelled

Sunday 22nd – No Training (CoB Open Meet)

- Monday 23rd No Training
- Wednesday 25th No Training

Thursday 26th – No Training

- Friday 27th Competition 1 & 2 18:00-19:00 @Cinderford
 - Performance 1 & 2 19:00 20:30 @Cinderford
 - Masters 20:30-21:30 @Cinderford
 - All other training cancelled
- Sunday 29th Masters 8:30-9:30 @Cinderford
 - All County Qualifiers 9:30-10:30 @Cinderford
 - All other training cancelled
- Monday 30th Training 1, Training 2 and Competition 1 18:00-19:00 @Cinderford
 - Competition 2, Performance 1 & 2 19:00-21:00 @Cinderford
 - All other training cancelled

Wednesday 1st January – No Training

<u>Thursday 2nd January – Normal Training Resumes</u>